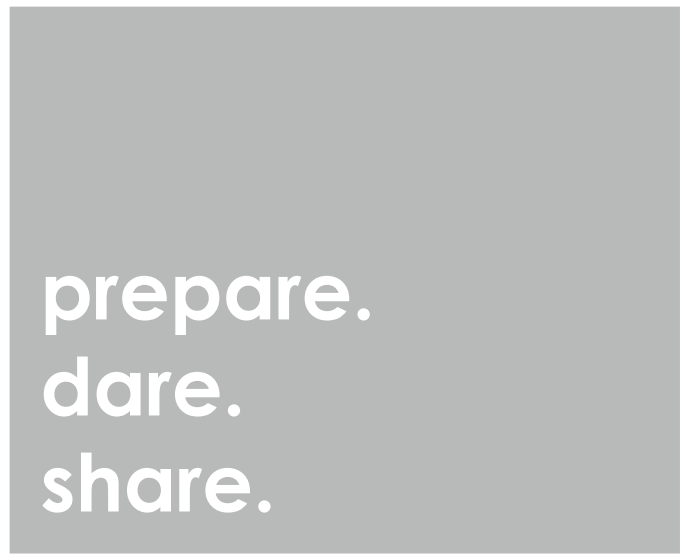




dare to talk



Prepare, Dare, and Share with Talksheet

You can take notes, stick in pictures or draw scenes to support you before during or after speaking interactions.

You can also accompany this by recording yourself using any simple recording device.

prepare.

**Get ready on your own
or with the help of others**

Where do you want to talk? Explain or show the situation.

What do you want to say? What might they say?

dare.

**Try it out! Take pictures,
notes and recordings of
your interaction to share.**

share.

Talk to someone about what you did. You can share the material online.

How did it go? What did you learn?

What could you do differently next time?